

Assignment:

Knitting

Prayer Bears

For this assignment God gives you this promise

Revelations 3:8 "I know your deeds. See, I have placed before you and open door that no one can shut. I know that you have little strength, yet you have kept My word and have not denied My name."



Why a prayer bear?

These are no ordinary knitted bears.

Most bear projects are human, "I feel sorry for you", bears.

This bear is wrapped in prayers and each one receiving such a bear, receives a promise from God.

The receiver of the bear is inspired by the Holy Ghost.

Age does not count.

Receivers must understand the message and must be encouraged to repeat it every morning and evening.

This prayer bear is a sleeping partner, cuddle friend or even a pillow for under the head.

Every evening before falling asleep the receiver must say

"Jesus Loves me" aloud.

He/She must remember that there is someone praying for him/her.

This will be the first message for the new day.

Teddy Ladies

How did God call you to knit a prayer bear? You do not choose, because God has inspired you to do so. He is already busy with you.

Talk to God and devote the receiver to God, while you are knitting.

He supplies you with scripture with a prayer for every body part, for example when you knit the feet, Habakkuk 3:9 reminds you that God gave humans feet like deer to enable them to tread on heights safely.

Teddy Ladies make a promise to God to pray for the receivers regularly.

The prayer bear confirms to this human being that Jesus loves him/her and promises that someone is praying for them.



“Sowers”

God opens many doors.

One of these doors which God has opened, was to sell the prayer bears.

The receiver **must** have a choice which bear he/ she wants. Maybe receivers have not had a chance in life to choose anything.

If you buy a prayer bear as a gift, the Holy Spirit has already planted that urge in your heart. The buyer **commits** him-/herself to share the message with the receiver.

Necessities to knit a Prayer Bear



The Bible for reading the scriptures.

3 balls of double knit wool (1 ball in a basic colour for the body and head), 2 balls in different colours for the shirt and pants).

1 small ball of red and black knitting wool (4 thread) for the embroidery.

3 knitting needles, 3,25 to 3,75 (depending on your knitting tension). An extra needle to hold stitches.

1 bag of soft wadding.

A “Jesus loves me” square. (Screen print on calico)



Back pack copied on Manilla carton.

Example: See Annexure 1

Letter of prayer, Zigzag folded and copied on both sides.

Example: See Annexure 2

Practical Hints for the Teddy Lady

Read the scriptures before you start to knit and try to remember them while you are knitting. Talk to God while knitting.

We count the “riffles” (**one riffle = 2 rows of plain**) not the rows.

Do not sew hard eyes or snouts on to the face.

Make sure this bear is friendly and not an angry one.

Always change the colour with the right side pointing towards you.

Knit the head using stocking stitch (one row plain and one row purl). The rest of the bear, as well as the back of the head, is knitted in plain.

Stuff fairly firm, especially the neck and head.

Use double knit wool to gather the neck and single thread for the ears and snout.

Use 4 thread black wool to embroider the face.

Position the face and body by pressing a knitting needle through the knit work right through the wadding.

Position where necessary.

When you copy the prayer letters, ensure that the front and backsides correspond. The letter must be able to fold zigzag.

This is how you knit a Prayer Bear

1. Foot



Pattern: *Cast on 6 stitches in base colour. Knit 6 “riffles” (one riffle = 2 rows of plain) While you are knitting, meditate*

Habakkuk 3:19

“The Lord is my strength, and He makes my feet like the feet of a deer, he enables me to tread on the heights.”

Prayer: Jesus, I pray that this person’s feet will walk in Your footprints and that he / she will follow you his/her whole life.

2. Legs



Pattern: *Hold the right side of the knitting work towards you and change the colour of the wool for the pants. Knit 17 “riffles” (one riffle = 2 rows of plain) while you speak to God about the recipient’s legs.*

Deuteronomy: 6:14

“Do not follow other gods, the gods of the peoples around you; for the Lord your God, who is among you is a jealous God.....”

Prayer: “Lord, please take care of this person’s legs so that he/she will avoid trouble makers, as well as bad and dangerous places.”

3. Hips



Pattern: Knit two identical feet and legs. Knit both legs on one needle the following row. Knit the 8 “riffles” (one riffle = 2 rows of plain) in the same colour as the legs, while meditating

Luke 12:35 “Be dressed ready for service and keep your lamps burning.”

Prayer: “Lord, will you please be the waistband around this person’s hips and strengthen them.”

4. Chest (SHIRT) and heart



Pattern: Hold the right side of the knitting work towards you and change the colour of the wool for the shirt. Knit 17 “riffles” (one riffle = 2 rows of plain).

Recite John 3:16 over the recipient of this prayer bear and confirm it with the message that will come from the chest of

this bear.

John 3:16

“For God so loved the world that he gave His one and only Son, that whoever believes in him shall not perish but have eternal life.”

Prayer: “Holy Ghost, please provide the understanding and longing for salvation.”

The Prayer Bear’s message from Jesus’ heart

Every evening before you fall asleep with your head on the bear’s chest, read the message on his heart.



Prayer: “Lord, please help this person to understand the concept of FAITH.”

5. Head



Pattern: Knit the next row in plain in the basic colour. Knit the following row purl to make garter stitch. Knit a 22 cm strip for the head. The back side of the head can be plain only.

Meditate Proverbs 2: 1-6 “My son/daughter, if you accept my words and store up my commands within you.....”

Prayer while you are knitting the head. “Father, I beg you to touch this person’s mind. Give him/her the will to read Your Word and to believe and live it. Make it easy to speak to you.”

Back side of the prayer bear

6. Back



Pattern: Change the colour on the on the righthand side and knit 17 “riffles” for the shirt. Knit 8 “riffles” for the waist of the pants. Divide the 32 stitches on two needles (16 per needle). Knit 17 “riffles” for the leg. Change to the body colour and knit 6 “riffles” for the foot. Knit the second leg

identically. Thank God for forgiving of sins while completing the Prayer Bear. Meditate

Isaiah 38: 17 “..... you have put all my sins behind you...”

Prayer: *Lord, Holy God, I thank you for grace and that Jesus has taken away this recipient’s sins and that You will never think about it again.*

7. Arms



Pattern: Fold the head part of the knitted bear double and sew together the seams of the head up to the shoulder seam. Sew the corners of the head in such a way that it is rounded to form the ears.

With the right side of your knitting towards you, count 7 “riffles” from the bottom of the shirt. Start knitting the arm. Add on 20 stitches on the side of the front part. Knit 2 stitches on the shoulder seam and another 10 on the back part of the shirt in the same colour. Knit 10 “riffles” to form the arm. Change to the body colour for the hand.

Meditate **Psalm 89:14**



“Righteousness and justice are the foundation of your throne; steadfast love and faithfulness go before you.”

Prayer: While you are knitting, remember God’s strong arms and ask: “God, please open Your arms and enfold this person in Your love.”

8. Hands



Pattern: Knit 6 “riffles” plain in the body colour before casting off. The hands of this Prayer Bear will bless you with Samuel’s blessings for Saul.

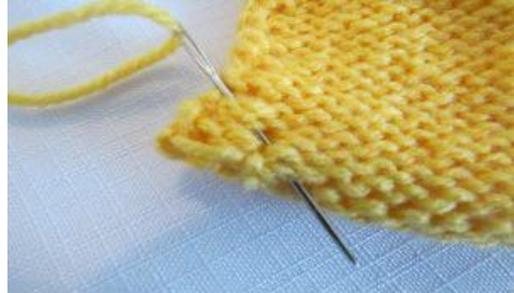
1 Samuel 10:6 “The Spirit of the Lord will come powerfully upon you, and you will prophesy with them; and you will be changed into a different person. Do what your hand finds to do.”

FINISHING OFF

1. Head: The side seams were sewn together to form the arms. Sew off the corners on the wrong side. When you turn over the head the corners will be rounded for round ears.

1.2 Sew the front and back panels of the bear together. Ensure that the colours correspond.

1.3 Leave an opening to put in the wadding. Leaving the opening between the legs or under the arm works well.



2. Ears: First complete the ears before putting in the wadding.

Do not put wadding in the ears.

Baste the ears with a single thread on the right side of the knitting – a 3cm triangle (fig)

Pull tightly and sew away firmly. Baste with a single thread to form the thumb. Sew wool firmly away.



3. Put the **wadding** into the head fairly firmly. The neck also needs wadding, because it must be stiff. Sew openings together and fix loose thread.



4. Neck:

Baste around the wadded neck with double thread where the shirt and head come together. Pull the right-hand thread left and the left-hand thread right diagonally. Tie with a double knot tightly.



7. Snout: Use the oval stencil and pin right in the middle of the face, 1 cm from the neck up the face.

7.1 Baste around the stencil. Pull the single thread in until the snout is the correct size.

7.2 Put some wadding into the snout using a knitting needle to ensure that it keeps its shape.

8. Face: See video <http://bidbeertjie.co.za/2016/10/26/bidbeerjie-gesiggie-video/>

9. Tie: Cast on 7 stitches and knit a 20 cm strip. Tie around the neck with a double knot.

10. Logo: Thread the sides up to the black line. Use a double thread cotton and baste with white on white material. Baste with black cotton on the black line. Baste with a double row on the chest of the Prayer Bear.



SUPPLIERS OF EXTRAS

“Jesus loves me” squares:

Tear calico (unprinted linen)

in A4 size, iron and screen print at

Skye Printing & Promotions

426 State Way, WELKOM

Tel. 057-353 2252

Manilla book bags & prayer letters are printed by

Flamingo Printers (Lorischia)

18 Constantia Road Tel. 057-357 1388

Further inquiries

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Bevat twee rugsakke

Contains two backpacks



Vou hier / Fold here

Vou hier / Fold here

1

2

Rugsakkie vir bidbeertjie.-
Backpack for Prayer Bear

Fotostateer op dun Manilla-bruin-karton.
Potostat on Brown Manilla - Board

Vou hier / Fold here

Vou hier / Fold here

Smeer dun strepie gom , vou toe en plak opmekaar
Apply thin line glue here, fold and stick together

Smeer dun strepie gom , vou toe en plak opmekaar
Apply thin line glue here, fold and stick together

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Apply thin line glue here, fold and stick together

Knip op buite lyn
Cut outline

Knip op buite lyn
Cut outline

God called

.....

to knit this bear for you.
As she knitted she prayed
to God to bless and keep
you.

**Finish reading your
letter and if you believe
in God and made Jesus
the Saviour of your life,
sign your name on the
line.**

.....

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sign your name on the
line.**

.....

2. Feet

*Jesus, this bear's feet
urge me to pray that
this recipient's feet will
follow in Your steps
and that he/she will
follow you his whole
life.*

Habakkuk 3:19

3. Legs

*Lord, please protect
this person's legs
never to follow trouble
makers and visits bad
and dangerous places.*

Deut .6:14

4. Hips

*During biblical times
a waist cord was worn
around the hips when
preparing for a fight or
trouble.*

*Lord, please be the
waist cord of this
person and give
him/her strength in
Your Name.*

Luke 12:35, Job 38:3

5. Chest

*Be careful every day
about what you think,
what you talk about
and what you choose
to do.*

*Lord, keep this person
positive about life.*

Proverbs 4:23

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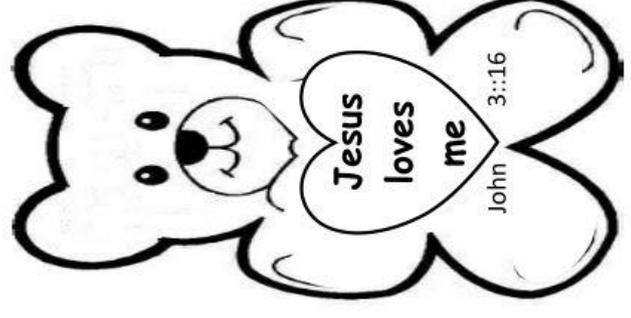
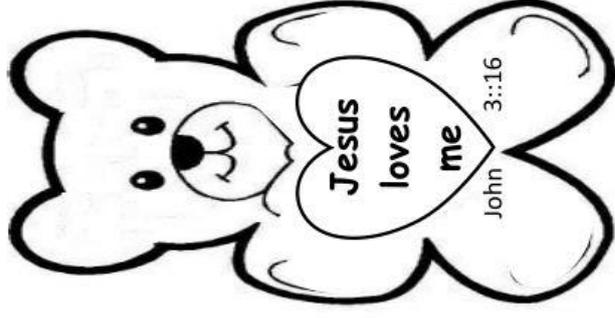
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what you talk about
and what you choose
to do.*

*Lord, keep this person
positive about life.*

Proverbs 4:23



6. Heart.

Every night before you fall asleep with your head on the bear's chest, read the message on its heart and believe it.

John 3:16

7. Head

Lord, I pray that you will touch this person's mind.
Please provide the will to read and study your Word, and to believe it.

Let it be pure joy to talk to You;

Proverbs 2:1-6

8.Arms

As I knit the arms, I recall the strength of God's arms and my plea:

Lord please open Your arms and embrace this person with Your love.

Ps 89:13.

9. Hands

The bear's hands will remind you and bless you with Samuel's blessing for Saul:

1 Samuel 10:6

I pray that the spirit of the Lord will work strongly in you. That you will be a prophet of God and that you will do what your hand finds to do.

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